



Seneca High School September 09' Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Mini Corndogs French Fries Pears Choc Chip Cookie Milk *Spicy Chicken w/Bun	2 Raviolis Green Beans Peaches Cookie Milk *Cold Ham Cheese w/Bun	3 Country Fried Steak Mashed Potatoes Gravy Carrots Rolls / Milk *Turkey Bacon w/Bun	4 Grilled Chicken /Bun Tator Tots California Medley Sugar Cookie/ Milk *Sausage, Egg, Cheese Bagel
7 Labor Day 	8 Chicken Nuggets Mashed Potatoes Gravy Green Beans Roll / Milk *Cheeseburger w/Bun	9 Chicken Quesadilla w/ Lettuce,cheese,salsa Spanish Rice Mandarin Oranges Milk *Tuna w/ Bun	10 Hamburger Helper Peas Mixed Fruit Rolls Milk *Crispy Steak w/ Bun	11 Shrimp Coleslaw Potato Wedges Sugar Cookie Milk *McRib w/Bun
14 Chicken Tenders French Fries Green Beans Roll Milk *Cheeseburger	15 Mostaccoilli Lettuce Salad Corn Garlic Bread Milk *BBQ w/ Bun	16 Tacos w/ Lettuce, Cheese, Salsa Pears Churro Milk *Hotdog w/Bun	17 Italian Dunker w/ Sauce French Fries Pineapple Candy Cookie /Milk *Chicken Salad w/ Bun	18 Popcorn Chicken Macaroni and Cheese Pea's Fruit Roll / Milk *Turkey Cheese w/Bun
21 Chicken Parmesan Lettuce Peaches Rolls Milk *Philly Steak w/ Bun	22 Hot Ham &Cheddar w/ Bun Tator Tots Mandarin Oranges Snicker doodle/ Milk *Hamburger w/Bun	23 Sausage Gravy w/ Biscuit Tri Tator's Applesauce Roll / Milk *Corndog	24 Porkette Mashed Potatoes Gravy Green Beans Roll / Milk *Turkey Bacon/ Bun	25 Chicken Nuggets French Fries Pineapple Ranger Cookie Milk *Fish w/Bun
28 Chicken Pattie Mashed Potatoes Gravy Corn Rolls / Milk *Cheeseburger w/ Bun	29 Mini Corndogs French Fries Pears Choc Chip Cookie Milk *Spicy chicken w/Bun	30 Early Dismissal 11:42 No Cafeteria		